

## Notes to go with Referee Class Situations 2026

Slide 35: No pictures or videos from behind the swimmers at the start of the race. Especially not timers who are supposed to be focused on starting their watch. No photography from behind the start end by anyone at any time, even when the swimmers are in the water. This keeps the rules simple. Photographs and videos are allowed from the sides and turn end. For SSL, the races that start in the shallow end are 100 y/m relays which start in the water.

Slide 36: In a Freestyle event (individual or relay), the swimmer can swim anyway they want, as long as they stay in the pool and don't push off the bottom. In IM and MR, the freestyle leg may not be back, breast, or fly. In 100 IM, at the start of Free, the swimmer must be vertical or toward the breast before the first pull or kick. In 100 MR, the same because start in the water. In 200 MR, freestyler dives in. On the turn, must be vertical or toward the breast before the first pull or kick.

Slide 37. SSL does not use no recall False Starts. The Starter must recall the race if there was a False Start. No recall, no False Start.