

SUBURBAN SWIM LEAGUE
READY BENCH IMPLEMENTATION

- **League Rules require** swimmers to report to the ready bench when their event is called. Event #3 could be called to the ready bench after the *whistle* for the start of event #1 (2 events ahead)
- Names are verified (not changed) and lane choices are recorded **at the ready bench** by the *Clerk of Course*, an alternating *Head Timer*, or a *Runner*. (As a courtesy, swimmers may change lanes at the starting line-no penalty. Event card must be corrected.)
- Swimmers **do not** report to the starting line until instructed to do so, and as previous competitors *leave* the starting area. This eliminates congestion and allows Head Timers to quickly record times.
- Swimmers must **leave** the starting area immediately after their event.
- No one should be permitted to “loiter” in the starting area unless they are a timer or official.
- Once swimmers have reported to the ready bench as instructed, adults must make sure that the swimmers get to the starting line for their event.

CC=Clerk of Course HT=Heat Timer R=Runner

Announcer, Scorer

Ready Bench/Clerk of Course
Event #3 – called after start of event #1

R – with Event #2 & Event card

Event #1 in progress

