

SSL Reps Clinic 2023

Rule changes retained from 2022

- Coaches must enter lane assignments on the 2 rosters submitted to the scorer's table (7.d) – changes by change cards 2 events before the event
- The Visiting team must provide a Clerk of Course for the Ready Bench – and assistant coach or responsible adult, to work with the Home Team Clerk of Course

Officials Jurisdiction

- Two goals: (1) consistency pool to pool and (2) full pool coverage.
- The reason for officials is to ensure all swimmers follow the rules. SSL is NOT trying to over officiate, but we have always tried to have consistency in officiating.
- Officiating young swimmers from the end of the pool is difficult. DQs are missed and the swimmers don't learn

Officials Jurisdiction

- Square pools (not Western) – 4 S&T working quadrants. The 2 officials on each side work as a team
- Western – 2 officials at each end. Jurisdiction is “half” the pool. From the side of a 10-lane pool, the middle lanes cannot be observed

Officials Jurisdiction

- L-shaped pools – Two officials behind the start end with jurisdiction from the wall to the flags, or until the swimmers submerge after the start or turn. Two officials, one on each side with responsibility from flags at start end to the turn end. Work from the side, at the corner for turns.
- Skyline – If 4 S&T officials, 2 on each end with jurisdiction of “half” the length of the pool. If 6 S&T, 2 on each end with jurisdiction from wall to the near flags. 2 on the sides, with jurisdiction flags to flags

USA Swimming Technical Rules Changes

- Breaststroke – Arms and Legs do NOT have to be in same horizontal plane. No alternating arm pulls. No alternating, scissors, or butterfly kick.
- Backstroke- when approaching the finish, once the swimmers head has passed the backstroke flags the swimmer may resubmerge before the finish
- Starting command – Take Your Markss

Coaches meeting

- Tuesday June 13, 6:30 PM ZOOM
- Head coaches must attend.
- Championship procedures
- Rule changes
- 2023 vs 2022
- Safety training – concussion protocol

Officials

- Must attend a SSL officials clinic each season.
- Date and times on the SSL website
- Referee class requires previous SSL experience, current YMCA or USA-S certification, or attendance at SSL New S&T class.
- Experienced S&T class for SSL officials requires 3 years SSL experience or current YMCA or USA-S certification.
- It is NOT the job of officials to critique or “coach” other officials. The Referee can ask questions and “coach” officials, but in a professional, supportive manner

Concussion Protocol

- It is on the SSL website
- All Reps should read and be familiar
- Make sure your coaches have read the protocol and understand the expectation to follow it – meets and practices
- We have had head injuries in SSL swim meets
 - During warmup when swimmer's circles overlap
 - Backstroke and butterfly finishes
 - Backstrokers swim into the corner of L shaped pool

Pre-Meet responsibilities

- Officials, timers, place judges, other volunteer confirmed prior to the meet – have backups in case of no-shows
- Scorer's ready to work
 - Have all the paper work
 - Ribbon writing can be done during a meet but not to interfere with scoring the meet, including age group scoring and double/triple/quad winners
- Backstroke flags – 3 pennants per lane. In good condition

Pre-Meet responsibilities

- Announcer equipment set up and tested
- Starting equipment tested – do this days before the first meet
 - Make sure it is charged the night before
 - Review SSL Rules (have a copy at the meet)
 - Review all SSL handouts (e.g. Unofficial heats and safety)

Meet safety

- Life guard in the stand from start of warmups until the pool is cleared after the meet
- Two safety monitors during warmups
- No horse play after the meet
- Coaches don't fight being thrown in after the meet
 - Watch out for the little guys

During the Meet

- Meet with the other team Rep
- Address any situations that arise
- Attend the Officials meeting

During the Meet

- Involved with decisions on weather delays (Rule 4.b, c, d, e)
 - Before the meet starts – responsibility of the Home Team Rep, working with the visiting team Rep.
 - After the meet starts, responsibility of the Referee
 - Pool management has the ultimate authority to stop the meet and clear the deck
- Work with other team Rep on when to reschedule if meet cannot be completed on the day scheduled

After the meet

- Report the score to the League by updating the website (Rule 13.e). Maximum reported points for the winning team is 340.
- If swimmers are entered or changed to Exhibition, they are exhibition swimmers, including for age group scoring. Coaches do not have to make swimmers exhibition to not run up the score

Championships

- Make sure your coach has entries submitted on time.
- Recommendation – someone double and triple check all entries to make sure swimmers in correct events and not omitted
- Submit with payment
- We need timers and officials

Suburban Swim League

- Focus on the children
 - Participation
 - Fun and rewarding
 - Safe and healthy
 - Sportsmanship, fair play, team spirit
 - Development and improvement of swimmers swimming skills
 - Integrity, honesty, fairness
- The Red Clay and Newark swim leagues started in 1961 or before