

SSL Coach Packet

QTY	Document
1	Coaches Packet Contents List (This Sheet)
1	Dual Meet Schedule
1	Conduct of Meet Guidelines
1	Unofficial Heats - Safety Procedures
1	Stroke and Turn Rules Summary
1	SSL Stroke and Turn Rules Interpretation
1	SSL Pools Information Sheet
1	Dual Meet Order of Events
100	Roster Change Cards
17	Roster Sheet Set - Dual Meet
1	Sportsmanship Trophy Ballot & Rules
1	Team Representative Packet Contents List

Additional copies and other documents available online at
<https://suburbanswim.club/coaches-corner/>